

NJNG FEDERAL Technician Retirement

First Request an estimate:

To submit a retirement estimate request, log into [GRB Platform](#). Once logged in, click the Menu button at the top center of the page and click Requests. On the pop-up screen, click the red *Submit a New Request* link. In the drop-down, choose Retirement Estimate and click Next. You will then answer some questions to tailor the retirement estimate to fit your needs. (If Retirement within one year, please skip step one for now*)

Second: Set an appointment with NJ HRO once Estimate Documents are received

Currently available through phone and Virtual appointments

J1 HRO, we are here to assist you with the transition into Retirement. Our office will provide the guidance necessary to prepare you for your retirement and assist you with completing your packet. Don't assume you know, ask!

If you are thinking of Retiring within the next 5 years, you should be in contact with a J1 Specialist

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J1 ERS Lead Retirement Specialist

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